

Rosalind Gold
9905 Farragut Dr., #2
Culver City, CA 90232

September 3, 2013

To Whom It May Concern:

I am writing to strongly recommend Ms. Andria Patricia Harris for any position involving personal or health caregiving services, or the management of such services, to elderly persons or persons with disabilities. Ms. Harris provided such caregiving services to my mother, Mildred Gold, from late April 2011 through January 2013. She performed her services in an extraordinarily professional, competent and compassionate manner.

While my mother was ambulatory and lived at home, she had several health problems (including congestive heart failure), and she required assistance with many of her daily activities, such as personal hygiene care, cooking, performing errands and some cleaning. Ms. Harris generally provided assistance two to three times each week. For several reasons, Ms. Harris excelled in providing this assistance. First, she is an extremely hard worker, and she was also very pro-active in consulting with mother about all the tasks that needed to be done during her visits. In addition, Ms. Harris has excellent communication skills – my mother was age 87-90 during the period Ms. Harris assisted her, and as she grew older, at times she became a bit forgetful or disorganized, and Ms. Harris was able to sensitively determine her needs, and provide services in a very responsive manner. Occasionally, if the family needed information about my mother's progress, Ms. Harris was responsive to and helpful with our requests.

Finally, and most importantly, Ms. Harris was able to develop a strong rapport and relationship of trust with my mother that greatly enhanced the quality of my mother's life. My mother was a strong woman who valued her independence, and was frustrated as her health problems increasingly placed limitations on her ability to perform her daily tasks. Thus, at times, she was reluctant to accept assistance or to carry out activities in a manner that was the most conducive to her personal well-being (such as exercising). Ms. Harris effectively used a combination of humor, gentle persuasion, and candid conversation to convince my mother to accept assistance, exercise, take walks or perform other activities that were important for her health. Ms. Harris was extremely sensitive to my mother's desire to remain as independent as possible, and she was very resourceful in finding ways to preserve that independence but to also ensure my mother's safety and well-being. Ms. Harris also has an extraordinarily positive and optimistic attitude that helped my mother during some occasional periods of depression.

My mother and our family greatly benefited from the care Ms. Harris provided. First, my mother was able to live in her own apartment by herself up to about a month before she passed away, which was very much her wish (in that last month, my mother was hospitalized, because her congestive heart failure took a serious turn for the worst).

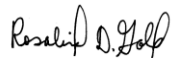
While the family was ready to discuss an assisted living situation for my mother when she might need it, as a result of Ms. Harris' care, my mother's health and daily care needs could be met at her home, where my mother was comfortable and happy. After Ms. Harris started to provide care, my mother was more compliant with her medication regimen, learned how to use a walker, and with Ms. Harris' assistance, was able to cook some meals again. Ms. Harris helped my mother with keeping her apartment generally free of clutter, and helped her organize her paperwork, so that my mother could pay all of her bills on her own until she was hospitalized. Ms. Harris also assisted my mother with her transportation needs, which allowed her to visit doctors she needed to see or to purchase groceries or run errands. As a result, my mother was able to preserve as much independence as possible with her daily activities, notwithstanding her physical limitations. Occasionally, my mother needed care beyond her typical two-three day a week schedule, and Ms. Harris would go to great lengths to make herself available for my mother under those circumstances.

In addition, my mother developed a very close bond of trust with Ms. Harris. My mother would often tell me of Ms. Harris' good spirits, and the fact that she and Ms. Harris could talk together very easily, which helped my mother cope with the challenges of aging. This provided great reassurance for me and my other family members, who could not always call or visit my mother as often as we wanted to, because of our job or family responsibilities. Ultimately, my mother believed Ms. Harris was a good friend, whose positive attitude and sense of humor was as valuable for my mother's health and well-being as the daily care she provided.

Finally, I believe Ms. Harris also has excellent teaching and management skills. Occasionally, my mother's health conditions required around-the-clock assistance, and I saw how Ms. Harris taught other caretakers to assist my mother. Ms. Harris provided very effective guidance and training for those caretakers.

In conclusion, I again strongly recommend Ms. Harris for any position involving health or daily assistance caretaking, or the management of such care. If you have any questions about this recommendation, please do not hesitate to contact me at 310-838-6337 or rozgold@pacbell.net.

Sincerely,



Rosalind Gold